



**December
2023**

Aging Well Inc.

***84 Social
St. Woonsocket, RI 02895***

**Hope you have been NICE &
Not NAUGHTY
Santa Claus is Coming to
Aging Well Inc.
The Harris School Children will be joining us.**



**TUESDAY, December 19th
Party begins at 10:30 am
Lunch at 11:30am
Reservations are required 48 hours in
advance**

Sponsored by United Health Care

The 12 Days of Christmas Raffle



Buy raffle tickets for a chance to win a lovely wrapped Christmas gift.
We will be picking one raffle ticket a day for 12 days starting on December 12th.
COST: \$1.00 for 1 ticket & \$5.00 for 3 tickets



**Cookie Swap & Christmas
Music
December 20th 10– 11:00**



**JOIN US FOR THE ANNUAL
CHRISTMAS
LUNCHEON DECEMBER 21ST**

**FEATURING THE TUNES OF THE
SEASON W/VINI AMES**

**Sponsored by Blue Cross & Blue Shield
Of Rhode Island**



To Our Valued Members!

Just a reminder that Annual Membership will be due in January.

More Information coming soon regarding Membership Cost.

**To register for events and activities, please call
or register in person at the office
84 Social Street
401-766-3734**



Aging Well Inc. December 2023

Join us for A Christmas Story featuring the
The Left Right Game!
Monday, December 11th @ 11:00 am

Are your ducks in a row regarding your Health Insurance?

We have a representative who will review your current insurance. This is **JUST** for Open Enrollment. He is available on Wednesday's 9:00am-11:00am from October 18th thru December 6th by Appointment ONLY
Call Aging Well, Inc. @ 766-3734



URI Nutrition
Topic - Think before you Drink
December 5th @ 10:30 am

It is with much sadness that Aging Well Inc. is announcing the closure of their Adult day unit A Home For The Day. The last day of services will be December 29th at its Woonsocket location at 84 Social Street.

Barbara Waterman, executive Director of Aging Well said it was a difficult decision that was not made lightly. "The decision to close the adult day care program was driven by several factors including low number of clients, higher costs of care and low insurance reimbursement."

This change in service will not affect other services provided by Aging Well. The congregate meal program, exercise classes, health, wellness programs, social events, and resources will continue.

Aging Well has provided services to seniors and adults with disabilities since 1974.

We would like to say a BIG THANK YOU TO ALL OUR SPONSORS WHO HELP MAKE OUR SENIOR CENTER A GREAT PLACE WITH ENTERTAINMENT AND EDUCATIONAL PROGRAMS!!!!!!



Ask about our frozen to go meals \$3.00 each. Just defrost and microwave
They are a tremendous convenience
Call Steve 401-766-3734

Marie & Steve's Breakfast Club
8:30am on the last Tuesday of the month
\$3.00 donation
SEATING IS LIMITED, Registration required.

Brain Games

*10:30 am every Friday in November
Have fun while we tackle a few brain teasers. Memory games, observation skills, and logic practice.. all great game fun while keeping our brains young!

"Senior Scene"

With Steve Healey and Linda Thibault
Tune in on the 4th Thursday of every month
Airing from 9 am -9:30 am



Technology Assistance
Twice a Month On Mondays
W/ Kayli Graveline from
The Friendly Home
10am-11 am

Blood Pressure & Nutrition
Counseling with Linda Thibault, RN
For the Month of December
Thursday's 11:30am-1:00pm

Aging Well INC.

Barbara Waterman, MA - Executive Director
Linda Paul - Chief Financial Officer
Linda Thibault, RN - Wellness Director
Susan Jameson - Wellness Director
Steve Healey - Director of Congregate Meal Program
Steve Westerman - Recreation Therapy
Penny Belisle - Finance Assistant

OFFICE HOURS

8:00am - 4:00pm Monday - Thursday (exclusive of holidays)

8:00am - 3:00pm Friday (exclusive of holidays)

BUILDING HOURS

8:00am - 4:00pm, Monday - Friday (exclusive of holidays)

Main Telephone (401) 766-3734 Fax (401) 765-5578
"A Home for the Day" (401) 766-3734

8:00am - 3:00pm Monday - Friday (exclusive of holidays)

visit us at www.Agingwellinc.org