



JUNE 2023

Aging Well Inc.

84 Social St. Woonsocket, RI 02895

(401) 766-3734



Mark your calendar for our 4th of July Celebration featuring The sounds of the Vini Ames Duo
June 28th 10:30-11:30am
Sponsored by Trinity Health

Aging Well Inc will be closed on Monday June 19th to Observe the Juneteenth holiday

Flag Day June 14th at 10:30am

Aging Well Inc. will once again host the Annual Flag Day celebration with Harris School students. The students will sing patriotic songs & present proper flag etiquette information. The solemn flag folding ceremony will include students and veterans.

**Happy Fathers Day!
Join us for a Special Fathers Day Lunch on Thursday June 15th!**

Please register 48 hours in advance

50th Anniversary 1984 WW11 Memorial Park D-Day Special

Now airing on Cox Cable 18 and Verizon 23 at the following times:
Mondays 7 am & 9 pm, Tuesdays 9 pm, Wednesdays 9 pm, Thursdays 2 pm & 7 pm, Saturdays 9 pm, and Sundays 3 pm.
The program will run until June 15th

**The Calendar Raffle is back!
Tickets on sale during the month of June.
Prizes picked daily in July!**

Farmers produce boxes will be back in the Fall. If you qualify and are interested you can sign up in person at the office or call 401-766-3734.

“Senior Scene”

With Steve Healey and Linda Thibault
Tune in on the 4th Thursday of every month
Airing from 9 am -930 am
O-N Radio WOON 1240 AM

URI Nutrition
June 6th
at 10:30 am
Will be discussing Hydration and Exercise



**Lets Kick Off Summer Solstice With Music Bingo by Eric
June 21st at 10:00am**



**To register for events and activities, please call or register in person at the office
84 Social Street
401-766-3734**

Aging Well Inc.



June
2023

“Prime of Life”

with Linda Thibault and Steve Healey
Airing June 6th, 13th, 20th, and 27th
at 2:00pm
Cox-Channel 13 & Verizon-Channel 32

A Home For The Day

Are you or someone you know in need of assistance in caring for a loved one at home?

Home care help is hard to find.

A Home For The Day is a program that provides socialization, meals, activities in a safe friendly environment with an individualized care plan and program designed by a registered nurse.

Call Dana for more information
401-766-3734

Ask about our frozen to go meals - \$3.00 each. Just defrost and microwave

They are a tremendous convenience
Call Steve 401-766-3734



Join us for Corn Hole
Tuesday's at 12:15
June 6th, 13th & 20th.

Brain Games

**10:30 am every Friday in June
Have fun while we tackle a few brain teasers. Memory games, observation skills, and logic practice.. all great game fun while keeping our brains young!*

Aging Well Inc. is hosting a **BINGO!** On June 27th **FREE-NO COST BINGO FOR ALL PARTICIPANTS WHO STAY FOR LUNCH!** Donation for lunch is \$3 All prizes for **FREE-NO COST BINGO** are *generously provided by the sponsorship of The Friendly Home Inc.* Lunch reservations are required **48 hours in advance. Lunch is served at 11:30am**



Blood Pressure & Nutrition
Counseling with Linda Thibault, RN
For the Month of June
Thursday's 11:30am-1:00pm

Aging Well INC.

Barbara Waterman, MA - Executive Director
Linda Paul - Chief Financial Officer
Dana Chamberlin, RN - Director, "A Home for the Day" an Adult Day Program
Linda Thibault, RN - Wellness Director
Susan Jameson - Wellness Director
Steve Healey - Director of Congregate Meal Program
Steve Westerman - Recreation Therapy
Penny Belisle - Finance Assistant

OFFICE HOURS

8:00am - 4:00pm Monday - Thursday (exclusive of holidays)

8:00am - 3:00pm Friday (exclusive of holidays)

BUILDING HOURS

8:00am - 4:00pm, Monday - Friday (exclusive of holidays)

Main Telephone (401) 766-3734 Fax (401) 765-5578

"A Home for the Day" (401) 766-3734

8:00am - 3:00pm Monday - Friday (exclusive of holidays)

visit us at www.seniorservicesri.org